

"More Than Peach" Lesson Summary

This page is intended to simplify the details of the lesson for ABC readers and classroom teachers.

This lesson celebrates diversity and focuses on using kindness as a tool for positive change.

Key Concepts

- Empathy and Understanding: Recognizing and sharing the feelings of others.
- Self-Awareness and Confidence: Understanding one's own identity and worth.
- Social Justice and Advocacy: Taking action to address social issues and promote equality.
- Positive Self-Talk and Mindset: Believing in oneself and one's ability to make a difference.

Learning Objectives

Students will develop a growth mindset, empathize with others, celebrate their individuality, and advocate for themselves and others.

Read the Book and Discuss

Analyze Bellen's feelings, actions, and impact on others. Explore her character traits, such as empathy and courage. Prompt students to reflect on their own experiences and how they can apply Bellen's lessons to their lives. Encourage critical thinking and discussion by asking open-ended questions about Bellen's actions, emotions, and the impact of her words.

Activities

1. The Power of Sharing: Demonstrates how words can influence others positively or negatively.
2. Flip It Kind Role-Playing: Students practice responding to situations with kindness.
3. Human Rainbow: Students create a collaborative artwork celebrating skin tone diversity.
4. Lift Our Voices Everywhere: Students identify social issues and brainstorm solutions.
5. Mindfulness activity prompts students to reflect on the lesson and their own potential.

Schoolwide Extension

- Teaching for Change: Inspired by Bellen Woodard's quote, this aims to foster a sense of community and purpose by encouraging teachers to share their motivations for teaching. By sharing their "why," teachers can inspire students and create a more supportive and caring school environment.
- All Are Beautiful: A school-wide activity where each class creates a collaborative artwork celebrating skin tone diversity.

Overall Message

This lesson plan provides a comprehensive framework for teaching valuable lessons about diversity, inclusion, and using one's voice to create change.