

## "Bucket" Books Lesson Summary

This page is intended to simplify the details of the lesson for ABC readers and classroom teachers.

*This lesson is designed to teach students about kindness and empathy through the metaphor of a bucket.*

### **Key Concepts:**

- Bucket Filling: Kindness and positive interactions that build others up.
- Bucket Dipping: Teasing or hurtful behaviors that make others feel bad.

### **Introduction (Building Relationships)**

*This section emphasizes the importance of building relationships with the students.*

- The ABC reader is encouraged to introduce themselves and share something personal and begin learning the names of the students.
- They should also explain the purpose of the program and set expectations for future visits.

### **Conversation Starters**

- Soft and Prickly: Students compare happy feelings to sad feelings with sensory touch.
- Cotton Ball Competition: Students work together to fill each other's buckets with cotton balls.

### **Read the Book and Discuss with Questions**

- There are three book choices. You do not have to read the book designated for the age group to which you are reading.
- Choose a few questions for your age group and allow the students to lead the timing of the discussion. No need to rush onto the next question if they have a lot to say about other parts of the story.

### **Activities**

*These activities help students understand the concept of bucket filling and how their words and actions can affect others.*

- What Would You Do?: Students role-play different scenarios and practice how to be bucket fillers.
- Name Game Bucket Filling: Students write compliments on each other's papers.
- We Choose Bucket Filling: Students brainstorm ways to fill each other's buckets.

### **Conclusion (Bucket Filler Pledge and Reflection)**

- Students learn and recite the Bucket Filler Pledge, committing to being kind and positive.
- They reflect on how their actions can impact others and set a goal to fill someone's bucket every day.

### **Schoolwide Bucket**

- Use this optional activity to promote bucket filling throughout the school, inviting students to write down real examples of bucket filling behavior and add water droplets to a large bucket display.