



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Dear Parent/Guardian:

Today in your child's classroom, I read the book *Accept and Value Each Person* by Cheri Meiners, M.Ed. This book introduces concepts such as respecting differences, finding similarities, being inclusive and appreciating people. Accepting and valuing people and groups who are different from oneself and family is an important social skill. When children are interconnected, accept others, and have the capacity to be reflective, it increases empathy and understanding.

Here are some ideas we discussed:

- Treat everyone kindly.
- Find ways you are alike.
- Include someone new.
- Appreciate others the way they are.

Here are some ways to help your child learn to respect and value differences:

- Talk about the different ways to say hello in different languages.
- Offer positive comments when your child shows kindness and compassion to others.
- Attend cultural celebrations or read books about diverse cultures.

By encouraging your child to accept and value differences in others you are helping them build skills to be inclusive, empathetic, and resilient.

Sincerely,

ABC Volunteer

Telephone/Email