



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**PROJECT
CORNERSTONE**
A YMCA of Silicon Valley Initiative

How to Make a Kindness Bucket

Materials: bucket, rice (to fill the base of your bucket), small wooden dowels (or you can use straws or pipe cleaners), scissors, construction paper of various colors, tape, markers,

Directions:

- Use the attached heart and star templates to trace and cut out your own on colored construction paper.
- Think about who this bucket is for and write kind words and appreciations directed to that person(s) on each star and heart.
- Attach the star or heart to the dowel (straw or pipe cleaner) with tape.
- Fill the base of the bucket with enough rice to hold the dowels in place.
- Add the finished dowels to the bucket.
- Decorate your bucket if you wish.
- Deliver this beautiful, colorful gift to the recipient!





