



Project Cornerstone and the **YMCA** know that every young person has something unique to offer the world. We invite you to explore your uniqueness and how that might shape your purpose in life.

- What are 5 words that you think best describe you?
- What do you love doing that makes you feel happiest?
- What do you know how to do now that you can teach others?

Have frequent conversations about this with yourself, your family and other caring adults. Finding your purpose in life takes time (many adults are still finding their purpose!)

Developmental Asset #39 — SENSE OF PURPOSE: Young person reports that “my life has a purpose.”



Project Cornerstone and the **YMCA** know that every young person has something unique to offer the world. We invite you to explore your uniqueness and how that might shape your purpose in life.

- What are 5 words that you think best describe you?
- What do you love doing that makes you feel happiest?
- What do you know how to do now that you can teach others?

Have frequent conversations about this with yourself, your family and other caring adults. Finding your purpose in life takes time (many adults are still finding their purpose!)

Developmental Asset #39 — SENSE OF PURPOSE: Young person reports that “my life has a purpose.”



Project Cornerstone and the **YMCA** know that every young person has something unique to offer the world. We invite you to explore your uniqueness and how that might shape your purpose in life.

- What are 5 words that you think best describe you?
- What do you love doing that makes you feel happiest?
- What do you know how to do now that you can teach others?

Have frequent conversations about this with yourself, your family and other caring adults. Finding your purpose in life takes time (many adults are still finding their purpose!)

Developmental Asset #39 — SENSE OF PURPOSE: Young person reports that “my life has a purpose.”



Project Cornerstone and the **YMCA** know that every young person has something unique to offer the world. We invite you to explore your uniqueness and how that might shape your purpose in life.

- What are 5 words that you think best describe you?
- What do you love doing that makes you feel happiest?
- What do you know how to do now that you can teach others?

Have frequent conversations about this with yourself, your family and other caring adults. Finding your purpose in life takes time (many adults are still finding their purpose!)

Developmental Asset #39 — SENSE OF PURPOSE: Young person reports that “my life has a purpose.”