



Project Cornerstone and the **YMCA** understand how challenging this summer is. Believe in yourself and focus on the big picture:

- Talk to your parent(s) or guardian about their expectations for you.
- Have your own expectations about yourself and be realistic.
- Make adjustments if necessary
- Let yourself make mistakes.
- Forget about being perfect.
- Start a positive quotes collection to lift you up (just in case).

Developmental Asset #16 — HIGH EXPECTATIONS: Parent(s) and teachers encourage the young person to do well.

Learn more at www.projectcornerstone.org



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