





- Share with a caring adult, sibling or family member what that felt like.
- Was it always easy to follow the rules?
- How can following rules help us feel safe?
- What are some of the rules in your family?
- If you could make 1 rule that everyone in the world had to follow, what would it be? Why?

Developmental Asset #11 — FAMILY BOUNDARIES: Family has clear boundaries and consequences and monitors young person's whereabouts.

Learn more at www.projectcornerstone.org





Project Cornerstone and the **YMCA** hope you are making many new memories with your family. This last year we have had to follow so many rules and they often changed!

- Share with a caring adult, sibling or family member what that felt like.
- Was it always easy to follow the rules?
- How can following rules help us feel safe?
- What are some of the rules in your family?
- If you could make 1 rule that everyone in the world had to follow, what would it be? Why?

Developmental Asset #11 — FAMILY BOUNDARIES: Family has clear boundaries and consequences and monitors young person's whereabouts.

Learn more at www.projectcornerstone.org





Project Cornerstone and the **YMCA** hope you are making many new memories with your family. This last year we have had to follow so many rules and they often changed!

- Share with a caring adult, sibling or family member what that felt like.
- Was it always easy to follow the rules?
- How can following rules help us feel safe?
- What are some of the rules in your family?
- If you could make 1 rule that everyone in the world had to follow, what would it be? Why?

Developmental Asset #11 — FAMILY BOUNDARIES: Family has clear boundaries and consequences and monitors young person's whereabouts.

Learn more at www.projectcornerstone.org





Project Cornerstone and the **YMCA** hope you are making many new memories with your family. This last year we have had to follow so many rules and they often changed!

- Share with a caring adult, sibling or family member what that felt like.
- Was it always easy to follow the rules?
- How can following rules help us feel safe?
- What are some of the rules in your family?
- If you could make 1 rule that everyone in the world had to follow, what would it be? Why?

Developmental Asset #11 — FAMILY BOUNDARIES: Family has clear boundaries and consequences and monitors young person's whereabouts.

Learn more at www.projectcornerstone.org