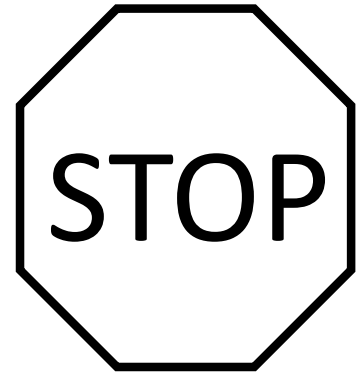
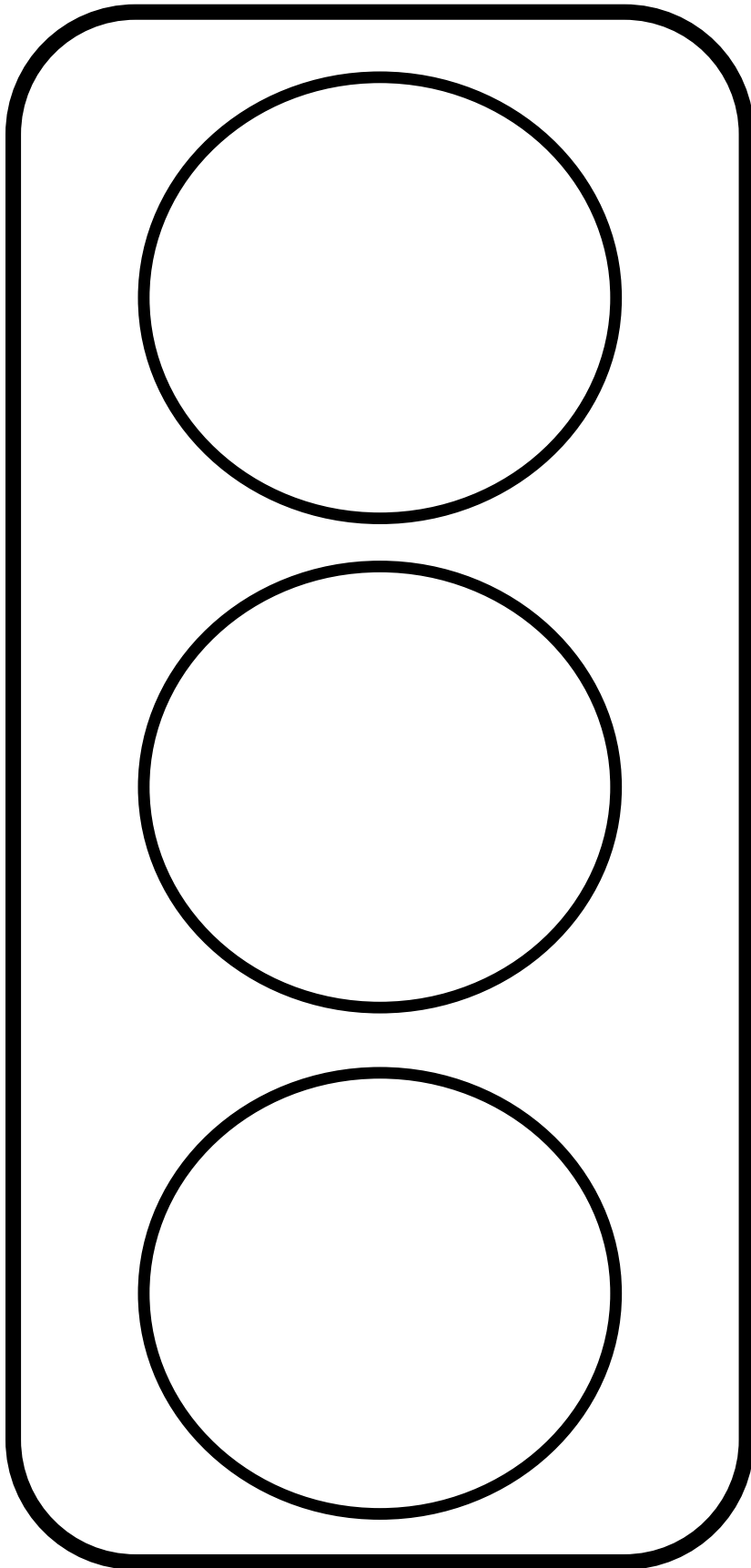
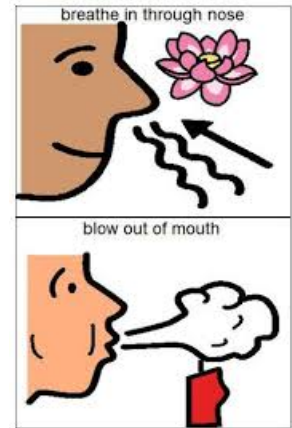


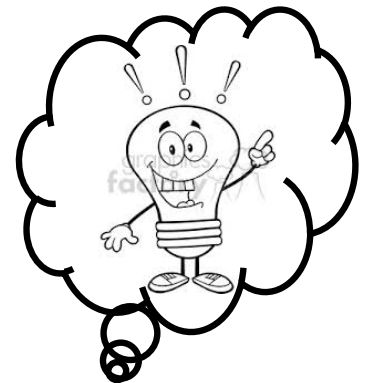
My Calm Down Light



What are your feelings?

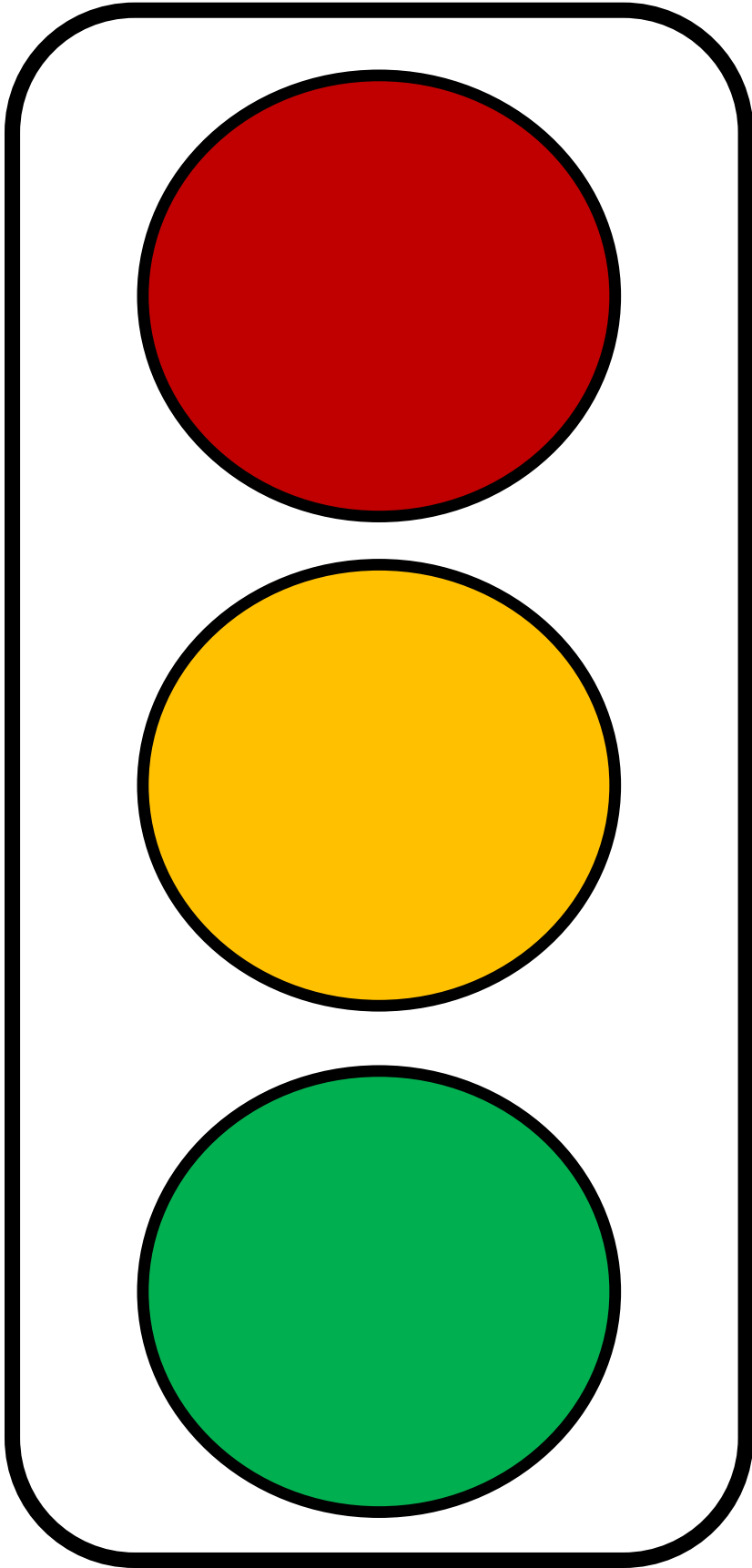


Breathe to calm down

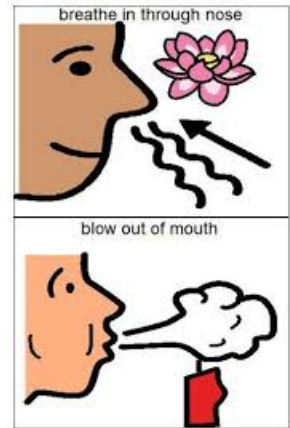


Think of ways to solve the problem.

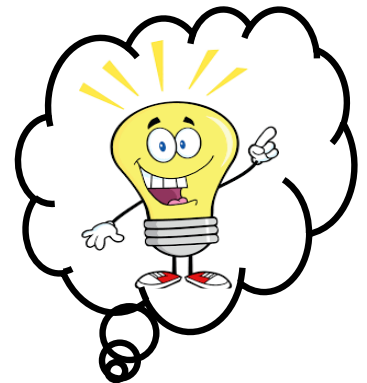
My Calm Down Light



What are your feelings?



Breathe to calm down



Think of ways to solve the problem.