***ABC*** **Tips for Yard Duty**

Life lessons about boundaries, friendship, and standing up for yourself and others, are beautifully illustrated in this month’s ABC book, ***ONE***.

***ONE*** teaches youth that:

* *It just takes ONE person to make a difference!*
* Each of us has the power within to be *someONE* who *chooses to react* as an *UPstander*.
* *EveryONE COUNTS!*
* Forgiveness and second chances help *everyONE COUNT.*

***Caring adults***on campus can help by:

* Listening to youth. Showing empathy and validating their struggles with the complexities of human relationships.
* Practicing forgiveness and allowing opportunities for second chances to help create a caring school culture where *everyONE* ***COUNTS!***
* *Noticing, naming and celebrating* the power that each of us has to influence others- the power of ***ONE*!**

**ABC Skill Building Vocabulary:**

***COUNTS—*** *something that matters; something of value*

* We all *COUNT!* We are all valuable. Our feelings, words, ideas and actions matter.
	+ Our feelings *COUNT*. We all have a wide range of emotions and feelings. At times, we can feel like the characters of blue, yellow, red, orange, purple, green and *ONE*.
	+ In the story, the colors choose to take a stand and *COUNT.* As they turn into numbers, they *COUNT*.