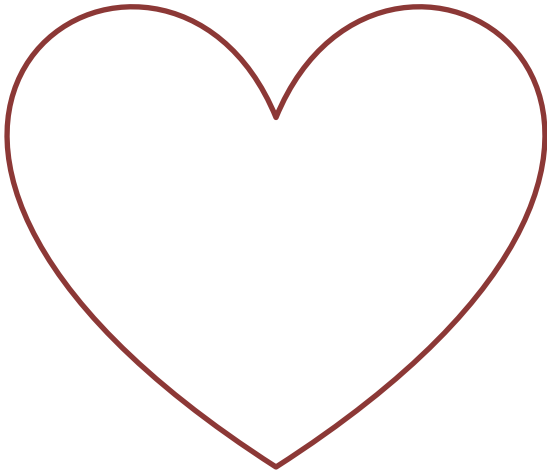


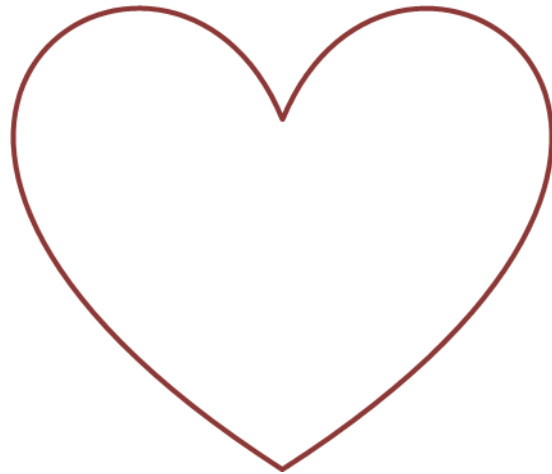
## What Makes You Feel

Today we discussed how to understand and care for each other. When we talk about feelings, it helps us understand each other. Discuss each emotion and how it makes you and your child feel. Write on the hearts you and your child's responses to what makes you feel:

Happy



Sad



Angry



Excited

