



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**PROJECT  
CORNERSTONE**

A YMCA of Silicon Valley Initiative

## LOVE SOMEBODY

### Procedure:

1. It is nice to have children sit in a circle for this song, perhaps linking arms.
2. First hum the melody or chant and then sing it out loud as written.
3. After the first verse, substitute for the word "love" the word "hug". Encourage the children to respond to each other affectionately and physically.
4. Discuss how you feel when you like or love someone. Discuss people you like, and what you do when you like somebody. Try to get them to think of other affection words for the song (*touch somebody, kiss, etc.*) but accept most any ideas they come up with and sing the song using these suggestions.

### Variation:

1. A nice follow-up would be quietly hold hands around the circle and send a "message" (hand squeeze) all the way around the circle.

### Love Somebody (song)

Love somebody, yes I do  
Love somebody, yes I do  
Love somebody, yes I do  
I'll show you who, and it's you!

